

Adventure Tourism Techniques

Equipment provided through the program

The Adventure Tourism Techniques program is proud to meet some of our students' equipment needs. We recognize that the purchase of all outdoor equipment is very expensive, which is why we loan our students most of the equipment needed for their courses.

The equipment is of good quality and fit for the demands of an expedition. Here are a few examples:

- Sea kayaks (solo and tandem) and equipment (personal flotation device [PFD], helmet, spray skirt, paddle, paddle float, pump, towing bag, marine compass, waterproof bag)
- Whitewater canoes and equipment (PFD, helmet, paddle, rope bag, scoop, watertight barrel)
- Rafts
- Wetsuits and paddling anoraks
- Backcountry skis, splitboards, boots, poles, climbing skins and safety equipment (shovel, probe, avalanche beacon and ski helmet)
- Camping equipment (sleeping mat, -7°C, -18°C et -32°C, sleeping bags, bivouacs, four-season tents, tarpaulins, stoves and kitchen equipment)
- Expedition backpacks

As you can see, we supply a wide range of equipment. In fact, you'll find that our equipment storage facility is one of the largest and best-equipped in Quebec. However, we are unable to lend out all the equipment needed to participate in the program. Each student must therefore purchase the items on the following list.

Equipment to be provided by students

Mandatory equipment list for the start of the 1st semester

Click on the blue links to view explanatory videos with more details on the features worth considering. Please note that, unless otherwise stated, the videos are in French.

Three-season clothing:

- 2 pairs of [hiking socks](#)
- 1 pair of [gaiters](#)
- 1 pair of [hiking boots](#)
- 1 or 2 base layers of synthetic or merino wool [long underwear](#) (top and bottom)
- 1 fleece or wool [midlayer](#) (top and bottom)
- 1 waterproof, breathable [jacket](#) and [pants](#) (large enough to fit several layers of insulation underneath)
- 1 pair of [sunglasses](#)
- 1 cap or 1 hat
- 1 tuque

Nautical clothing:

- 1 pair of [neoprene socks](#)
- 1 pair of [water shoes](#) (water shoes or old sneakers, do not buy neoprene booties) – Video in English
- 1 pair of [neoprene gloves or mittens](#) – Video in English
- 1 [neoprene tuque or light hood](#) – Video in English

Four-season equipment and accessories:

- 1 [Fox 40 whistle](#)
- 1 [compass](#) with a dial graduated from 0 to 360 degrees (accepted models: Silva Expedition S, Suunto MC-2, Brunton TruArc 15)
- 1 [headlamp](#)
- 1 [knife with locking blade](#)
- 1 watch
- 2 bottles of approximately 1 litre (at least one with a wide neck)
- 1 [isothermal bottle](#) (0.5 liter)
- 1 [daypack](#) (between 35 and 50 litres, ideally with a storage pocket for avalanche equipment)
- Several lighters

Mandatory equipment list for the start of the second semester

Do not purchase the items below before autumn arrives! Ask your teachers questions during the first semester. Some companies also offer preferential rates to students enrolled in outdoor programs in Quebec.

Winter clothing:

- 1 thick and warm [insulated long-sleeved jacket](#), i.e. a “puffy jacket” (preferably with a hood and large enough to wear several layers underneath)
- 1 pair of warm winter boots (Sorel or Baffin type)
- 1 pair of [synthetic](#) or [woolen glove liners](#)
- 1 or 2 pairs of warm gloves or mittens (ideally waterproof)

Winter equipment and accessories:

- 1 pair of [ski goggles](#)
- 1 ski helmet certified ASTM F2040 and/or EN 1077
- 1 bottle insulator

Approximate cost for all equipment (if purchased new): \$2,000

Recommended equipment (optional):

- 1 [pair of boots](#) (synthetic or down) for winter camping and overboots or shoe covers (Neos style)
- 1 pair of insulated trousers (puffy style)
- 1 pair of ski socks

We advise you to compare the quality and prices of products in various outdoor equipment stores and to try on clothes with a realistic number of layers or to carefully check the size charts (if buying online) for each model before purchasing.

If you already have equipment, but it does not exactly match what is specified here or described in the videos, check with the teaching staff at the beginning of the semester to confirm if it is suitable. It is preferable to use the equipment you already have rather than purchasing new items.

If you have any questions, please email us at coordTTA@cegepgim.ca.