



Cégep de la Gaspésie  
et des Îles

CAMPUS DE GASPÉ

Études  
grandeur  
nature

# *Adventure Tourism Techniques*

## *Equipment provided through the program*

*The Adventure Tourism Techniques program is proud to meet some of our students' equipment needs. We recognize that the purchase of all outdoor equipment is very expensive, which is why we loan our students most of the equipment needed for their courses.*

*The equipment is of good quality and fit for the demands of an expedition. Here are a few examples:*

- Sea kayaks (solo and tandem) and equipment (personal flotation device [PFD], helmet, spray skirt, paddle, paddle float, pump, towing bag, marine compass, waterproof bag)
- Whitewater canoes and equipment (PFD, helmet, paddle, rope bag, scoop, watertight barrel)
- Rafts
- Wetsuits and paddling anoraks
- Backcountry skis, boots, poles, climbing skins and safety equipment (shovel, probe, avalanche beacon and ski helmet)
- Camping equipment (sleeping mat, -70°C, -180°C and -320°C sleeping bags, bivouac, four-season tent, tarpaulin, stove and kitchen equipment)
- Expedition backpacks

As you can see, we supply a wide range of equipment. In fact, you'll find that our equipment storage facility is one of the largest and best-equipped in Quebec. However, we are unable to lend out all the equipment needed to participate in the program. Each student must therefore purchase the items on the following list.

## Equipment to be provided by students

### Mandatory equipment list for the start of the 1st semester

- 1 pair of [sock liners](#)
- 2 pairs of [hiking socks](#)
- 1 pair of [gaiters](#)
- 1 pair of [hiking boots](#)
- 1 [daypack](#) (35-50 liters, with avalanche gear pocket)
- 1 or 2 pairs of synthetic or merino wool [underwear](#) ([top](#) and [bottom](#))
- 1 semi-thick fleece [insulating garment](#) ([top](#) and [bottom](#))
- 1 waterproof, breathable [jacket](#) and [pants](#) (e.g. Gore-Tex)
- 1 pair of [sunglasses](#)
- 1 cap or 1 hat and 1 tuque
- 1 pair of [neoprene socks](#) and 1 pair of [water shoes](#) (or 1 old pair of running shoes, as long as the sole is rigid and the shoe offers good support)
- 1 pair of [neoprene gloves](#)
- 1 neoprene tuque
- 1 [Fox 40 whistle](#)
- 1 [compass](#) with a dial graduated from 0 to 360 degrees (accepted models: Silva Expedition S, Suunto MC-2, Brunton TruArc 15)
- 1 [headlamp](#)
- 1 [pocket knife with locking blade](#)
- 1 watch
- 2 bottles (e.g. Nalgene)
- 1 [isothermal bottle](#) (0.5 liter)

## Mandatory equipment list for the end of the 1st semester

Important note: don't buy items before you arrive! Ask your teachers questions during the first semester. Some companies also offer preferential rates to students enrolled in outdoor programs in Quebec.

- 1 [insulated long-sleeved jacket](#) (550 or more down, but ideally 700 or more)
- 1 pair of [booties](#) (synthetic or down) for winter camping, and [overboots](#) (overboots are increasingly hard to find on the market. It's better to have them, but we'll understand if you don't).
- 1 [water bottle insulator](#)
- 1 pair of [synthetic](#) or [woolen](#) [glove liners](#)

## Mandatory winter equipment list (2nd semester)

- 1 pair of [ski goggles](#)
- 1 ski helmet certified ASTM F2040 and/or EN 1077

Approximate cost for all equipment (if purchased new): \$2,000

Equipment strongly recommended:

- [Neoprene overalls](#) and [dry top](#). Another option, though much more expensive, is a [drysuit](#).

We advise you to compare the quality and prices of products in various outdoor equipment stores such as MEC, La Cordée, Atmosphère, Latulippe, SAIL and others.

If you have any questions, please email us at [coordTTA@cegepgim.ca](mailto:coordTTA@cegepgim.ca).